

BIOBOLIC POWER LIFE FORMULA

For Healty Aging, Longevity and Athletic Performance

Why you need a Multinutrient Vitamin-Mineral Supplement

ACCIDENTS, ILLNESS & CHRONIC DISEASE.

Burns, surgery, wounds, infection and broken bones increase the need for amino acids. Vitamins E, B6, and C, as well as minerals zinc, calcium and magnesium are all essential for cellular repair.

ALCOHOL.

Alcohol damages the lining of the intestinal tract, liver and pancreas, all vital to digestion, absorption and metabolism of nutrients. Regular use of alcohol increases the body's need for vitamins A, B complex and C as well as minerals zinc, calcium and magnesium.

ANTIBIOTICS.

Some antibiotics kill healthy bacteria and create deficiencies in B complex vitamins which can result in nervous disorders.

ATHLETES.

Athletes consume large amounts of foods and undergo extreme physical stress which creates a wide range of needs for amino acids, B complex, vitamin C, iron and potassium.

BIO-INDIVIDUALITY.

Individuals, especially those with high physical demands such as athletes and laborers, may have nutritional requirements that exceed official amino acid, vitamin, and mineral recommendations.

BODY RESERVES.

While the body is able to store vitamins such as A and E, autopsy data has shown that up to 30% of the population have "at risk" deficiencies of vitamin A.

COFFEE, TEA & SPICES.

may irritate and inflame digestive linings, reducing digestive fluids and the absorption of vitamins and minerals from food.

CONVENIENCE FOODS.

Diets with a high percentage of highly refined carbohydrates such as sugar, white flour and white rice require greater demand for additional sources of B complex vitamins to process these carbohydrates.

CROP NUTRIENT LOSSES.

Research has shown that intensive agriculture has overworked and depleted our soil of trace elements resulting in decreased vitamins and minerals available in food crops.

DIETS.

Unsupervised, abnormal diets which exclude entire food groups or even low fat diets can be deficient in vitamins and minerals. Vegetarian diets, which exclude meats and animal sources, must be careful to balance amino acids and include vitamin B12.

FOOD PROCESSING.

Highly processed breads and oils, as well as frozen foods, may increase shelf life of products but can lower nutrient levels, especially the important anti-oxidant vitamins A and E which defend against oxidation damage to all tissues.

LIGHT EATERS.

Individuals who eat sparingly, including the average woman who maintains her weight at 1800 calories per day, have been shown to be low in thiamine, calcium and iron.

ORAL CONTRACEPTIVES.

Oral contraceptives, taken by a significant percentage of women, increase the need for folic acid, B6, C, riboflavin and zinc.

P.M.S.

Up to 60% of women may suffer from premenstrual tension such as headaches, irritability, bloatedness, breast tenderness, lethargy and depression, and have an increased need for amino acids and B complex vitamins.

SMOKING.

A smoker has greatly increased metabolic requirements for the important anti-oxidant and immune function provided by vitamin C.

STRESS.

Chemical, physical and emotional stress increase the need for amino acids, the B complex vitamins, and vitamins C and E.

Biobolic is a pure crystalline nutrient mix containing: Energy/Methyl Donor Nutrients, Lipotropic Fat Burning nutrients, Anti-Stress Nutrients, Brain Nutrients, Bio-Catalytic Enzyme Nutrients, Protector/Anti-Oxidant Nutrients, Trace Elements and Minerals.

Four Capsules Supply:			%USRDA*
Vitamin A	(Beta Carotene, Palmitate)	10000 I.U.	200
Vitamin D	(Ergocalciferol)	400 I.U.	100
Vitamin B-1	(Thiamine Hydrochloride)	50 MG.	3333
Vitamin B-2	(Riboflavin)	50 MG	2940
Vitamin B-3	(Niacinamide Ascorbate)	50 MG.	250
Pantothenic Acid	(D-Calcium Pantothenate)	50 MG.	500
Vitamin B-6	(Pyridoxine Hydrochloride)	50 MG.	2500
Vitamin B-12	(Cyanocobalamin)	50 MCG.	830
Biotin	(Biotin)	100 MCG.	30
Folic Acid	(Folacin)	300 MCG.	75
Vitamin C	(Ascorbic Acid.	1000 MG.	1670
	Niacinamide Ascorbate)		
Vitamin E	(D-Alpha Tocopheryl Succinate)	200 I.U.	670
Calcium	(Oyster Shell)	500 MG.	50
Magnesium	(Magnesium Oxide)	250 MG.	60
Iron	(Ferrous Gluconate)	5 MG.	25
Zinc	(Zinc Gluconate)	15 MG.	100
Iodine	(Norwegian Kelp)	50 MCG.	35

Blended together in a base of the following ingredients**

Choline	(Choline Bitartrate)	100 MG.
Inositol	(Inositol)	100 MG.
DMAE	(DMAE Bitartrate)	10 MG.
PABA	(Para Aminobenzoic Acid)	50 MG.
Citrus Bioflavonoids		25 MG.
Rutin		25 MG.
Hesperidin		25 MG.
Manganese	(Manganese Gluconate)	4 MG.
Chromium	(Chromium Aspartate)	10 MCG.
Potassium	(Potassium Chloride)	49 MG.
Selenium	(Sodium Selenate)	25 MCG.

Molybdenum	(Sodium Molybdate)	8 MCG.
Glutamic Acid HCL		15 MG.
Betaine HCL		15 MG.
Bromelain		15 MG.
Papain		15 MG.
Pepsin		15 MG.
L-Arginine		50 MG.
L-Methionine		50 MG.
L-Glutamine		50 MG.
L-Tyrosine		50 MG.
L-Cysteine HCL	(Anhydrous)	50 MG.
Co-Enzyme Q-10	(Ubiquinone)	5 MG.
Octacosanol		1000 MCG.

** Including 50 Trace Elements and Minerals.

*USRDA = United States Recommended Daily Allowance for these nutrients
Guaranteed free of common allergens such as corn, yeast, wheat, milk, soy, sugar,
flavors or preservatives