

# ANABOL NATURALS SUPPLEMENT FACTS

## AMINO BALANCE PRODUCTS

### Crystalline Powder

Supplement Facts		
Serving Size 1/4 Level Teaspoon		
Servings Per Container 80		
Amount Per Serving	%DV*	
Calories	3	
Vitamin B-6 (as pyridoxine HCl)	12.5 mg	625 %
<b>Proprietary Blend:</b>	<b>1250 mg</b>	<b>†</b>
L-Leucine, L-Glutamine, L-Glutamic Acid, Glycine, L-Aspartic Acid, L-Lysine, L-Valine, Taurine, L-Arginine, L-Methionine, L-Isoleucine, L-Threonine, L-Tyrosine, L-Ornithine HCl, L-Phenylalanine, L-Proline, L-Alanine, L-Serine, L-Cystine, L-Cysteine HCl, L-Histidine, L-Citrulline, L-Tryptophan (Tryptopure)		
*Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.		

Suggested Use: take 1/4 to 3/4 teaspoonful 1 hour before meals or exercise with 8 oz. of fluid, 2-3 times daily. Can also be used sublingually (under tongue).  
 Caution: Phenylketonurics (PKU): This product contains L-Phenylalanine.

### 500 mg. Capsules

Supplement Facts		
Serving Size 3 Capsules		
Servings Per Container 40		
Amount Per Serving	%DV*	
Calories	3	
Vitamin B-6 (as pyridoxine HCl)	15 mg	750 %
<b>Proprietary Blend:</b>	<b>1500 mg</b>	<b>†</b>
L-Leucine, L-Glutamine, L-Glutamic Acid, Glycine, L-Aspartic Acid, L-Lysine, L-Valine, Taurine, L-Arginine, L-Methionine, L-Isoleucine, L-Threonine, L-Tyrosine, L-Ornithine HCl, L-Phenylalanine, L-Proline, L-Alanine, Serine, L-Cystine, L-Cysteine HCl, L-Histidine, L-Citrulline, L-Tryptophan (Tryptopure)		
*Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.		

Other ingredients: gelatin capsule, silica and magnesium stearate.  
 Suggested Use: 3-6 capsules 1 hour before meals or exercise with 8 oz. of fluid, 2-3 times daily.  
 Caution: Phenylketonurics (PKU): This product contains L-Phenylalanine.

## L-ARGININE PRODUCTS

### Crystalline Powder with Vitamin B-6

Supplement Facts		
Serving Size 1/4 Level Teaspoon		
Servings Per Container 588		
Amount Per Serving	%DV*	
L-Arginine	850 mg	†
Vitamin B-6 (as Pyridoxine HCl)	8.5 mg	425%
*Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.		

**USP:** Made to U.S. Pharmacopeia (USP) quality, purity and potency standards.

Suggested Use: As a dietary supplement, use 1/4 to 1/2 teaspoonful daily between meals, or as directed by your health care professional.

### 500 mg. Capsules with Vitamin B-6

Supplement Facts		
Serving Size 1 Capsule		
Servings Per Container 500		
Amount Per Serving	%DV*	
L-Arginine	500 mg	†
Vitamin B-6 (as Pyridoxine HCl)	5 mg	250%
*Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.		

Other ingredients: gelatin capsule, microcrystalline cellulose, silica and magnesium stearate.

**USP:** Made to U.S. Pharmacopeia (USP) quality, purity and potency standards.

Suggested Use: As a dietary supplement, use 1 to 4 capsules daily between meals, or as directed by your health care professional.

## BIOBOLIC POWER LIFE CAPSULES

Supplement Facts	Amount Per 4 Capsules	%DV*	Amount Per 4 Capsules	%DV*
Serving Size 4 Capsules				
Servings Per Container 30				
Amount Per 4 Capsules				
Vitamin A 10,000 I.U. ....		200%	Co-Enzyme Q-10 5mg .....	†
(beta carotene, palmitate)			L-Tyrosine 50mg.....	†
Vitamin C 1,000mg .....		1,670%	L-Arginine 50mg.....	†
(ascorbic acid, niacinamide ascorbate)			L-Methionine 50mg.....	†
Vitamin D 400 I.U. (ergocalciferol)...		100%	L-Glutamine 50mg.....	†
Vitamin E 200 I.U. ....		670%	L-Cysteine HCl 50mg .....	†
(d-alpha tocopheryl succinate)			PABA 50mg .....	†
Thiamin (Vitamin B1) 50mg.....		3,330%	(para aminobenzoic acid)	
Riboflavin (Vitamin B2) 50mg..		2,940%	Citrus Bioflavonoids 25mg ...	†
Niacin 50mg .....		250%	Rutin 25mg .....	†
(niacinamide ascorbate)			Hesperidin 25mg .....	†
Vitamin B6 50mg .....		2,500%	Glutamic Acid HCl 15mg .....	†
(pyridoxine HCl)			Betaine HCl 15mg .....	†
Folic acid 300mcg .....		75%	Bromelain 15mg .....	†
Vitamin B12 50mcg .....		835%	Papain 15mg .....	†
(cyanocobalamin)			Pepsin 15mg .....	†
Biotin 100mcg .....		36%	Choline (bitartrate) 100mg..	†
Calcium (oyster shell) 500mg ....		50%	Octacosanol 100mg.....	†
	Pantothenic Acid 50mg .....	500%		
	(d-calcium pantothenate)			
	Iron (ferrous gluconate) 5mg .....	28%		
	Iodine (Norwegian kelp) 50mcg...	35%		
	Magnesium 250mg .....	63%		
	(magnesium oxide)			
	Copper 500mcg (copper gluconate)....	25%		
	Zinc (zinc gluconate) 15mg .....	100%		
	Molybdenum 8mcg .....	10%		
	(sodium molybdate)			
	Manganese 4 mg .....	200%		
	(manganese gluconate)			
	Chromium 10 mcg .....	16%		
	(chromium aspartate)			
	Selenium 25mcg .....	36%		
	(sodium selenate)			
	Potassium 49mg .....	2%		
	(potassium chloride)			
	Inositol 100mg .....	†		
	DMAE (bitartrate) 10mg .....	†		

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

Other ingredients: gelatin capsule, silica, natural vanilla, magnesium stearate.

Suggested use: take 2 capsules with meal twice daily.

### CARBO SURGE

Supplement Facts		
Serving Size 1/2 Cup (54 grams)		
Servings Per Container 25		
Amount Per Serving	%DV*	
Calories	218	
Total Carbohydrate	54 gm	18%
Sodium	60 mg	5%
*Percent Daily Values (%DV) are based on a 2,000 calorie diet.		
† Daily Value not established.		

Ingredients: Maltodextrin

**Suggested Use:** Mix 1 serving into 12 ounces of water or juice and take 30 minutes prior to and immediately after training, or as directed by your health care professional.

No artificial flavors, colors or preservatives. 100% natural.

**Caution:** Diabetics or persons with hypoglycemia should consult with a physician prior to use.

☆ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### L-CARNITINE 500mg. Capsules with Vitamin B-6

Supplement Facts		
Serving Size 1 Capsule		
Servings Per Container 120		
Amount Per Serving	%DV*	
L-Carnitine	500 mg	†
(from 750 mg L-Carnitine Tartrate)		
Vitamin B-6	5 mg	250%
(as Pyridoxine HCl)		
*Percent Daily Values (%DV) are based on a 2,000 calorie diet.		
† Daily Value not established.		

Other ingredients: gelatin capsule, microcrystalline cellulose and magnesium stearate.

**USP:** Made to U.S. Pharmacopeia (USP) quality, purity and potency standards.

Suggested Use: use 1 to 4 capsules daily between meals, or as directed by your health care professional.

## DHEA RejuvopleX

Dehydroepiandrosterone 50 mg. Capsules

### Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

Amount Per Serving		%DV*
L-Glutamine	325 mg	†
Dhea (dehydroepiandrosterone)	50 mg	†
Vitamin B-12 (cyanocobalamin)	50 mcg	830%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: gelatin capsule.

Caution: Not intended for use if under 25 years old, pregnant or lactating. If under doctor's care, taking prescription medication, or have been diagnosed with an illness or disease, consult a physician prior to use. Not indicated for use by men with prostate cancer or women with ovarian cancer.

Suggested Use: take 1 capsule daily in the AM daily or as directed by your health care professional.

DHEA RejuvopleX is suitable for vegetarians: empty contents and discard capsule.

## AMINO GH RELEASERS

Metabolic Enhancers 775 mg. Capsules

### Supplement Facts

Serving Size 4 Capsules

Servings Per Container 30

Amount Per Serving		%DV*
L-Arginine HCl	1200 mg	†
L-Lysine HCl	1200 mg	†
L-Ornithine HCl	600 mg	†
L-Glutamine	100 mg	†
Vitamin B-6 (as pyridoxine HCl)	2 mg	100%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin capsule and magnesium stearate.

Suggested Use: On exercise days take 2-3 caps on an empty stomach prior to exercise and again prior to bed. On non-exercise days take 4-6 caps on an empty stomach with 8 oz. of fluid prior to bed, or as directed by your health care professional.

Amino GH Releasers is suitable for vegetarians: empty contents and discard capsule.

## DIBENCOPLEX 10,000

Dibenzozide 10 mg Capsules

### Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

Amount Per Serving		%DV*
Coenzyme Vitamin B-12 (as Cobamamide-Dibenzozide 10,000 mcg)	10 mg	†
Boron	200 mcg	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin capsule, microcrystalline cellulose, silica and magnesium stearate.

**USP:** Made to U.S. Pharmacopeia (USP) quality, purity and potency standards.

Suggested Use: As a dietary supplement, use 1 capsule daily with food prior to exercise, or as directed by your health care professional.

## L-LYSINE

500 mg. Capsules with Vitamin B-6

### Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

Amount Per Serving		%DV*
L-Lysine (as L-Lysine HCl)	500 mg	†
Vitamin B-6 (as Pyridoxine HCl)	5 mg	250%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin capsule and magnesium stearate.

**USP:** Made to U.S. Pharmacopeia (USP) quality, purity and potency standards.

Suggested Use: As a dietary supplement, use 1 to 4 capsules daily between meals, or as directed by your health care professional.

### MUSCLE OCTANE Branched Chain Amino Acids:

L-Leucine L-Valine L-Isoleucine  
500 mg. Capsules

#### Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 15

Amount Per Serving		%DV*
L-Leucine	800 mg	†
L-Valine	800 mg	†
L-Isoleucine	400 mg	†
Vitamin B-6 (as Pyridoxine HCl)	20 mg	1000%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin capsule.

Suggested Use: As a dietary supplement, use 4 to 8 capsules after exercise, or as directed by your health care professional.

Hi Test Muscle Octane is suitable for vegetarians: empty contents and discard capsule.

### INOSINE WITH VITAMIN B-6

500 mg. Capsules

#### Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 240

Amount Per Serving		%DV*
Inosine	500 mg	†
Vitamin B-6 (as pyridoxine HCl)	5 mg	250%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin capsule, microcrystalline cellulose and magnesium stearate.

**USP:** Made to U.S. Pharmacopeia (USP) quality, purity and potency standards.

Suggested Use: As a dietary supplement, use 1 to 4 capsules prior to training on an empty stomach, or as directed by your health care professional.

### NITRO MAX with L-GLUTAMINE

Pro-Anabolic Nitrogen Retention Complex  
Crystalline Powder

#### Supplement Facts

Serving Size 1/2 Level Teaspoon  
Servings Per Container 40

Amount Per Serving		%DV*
L-Glutamine	1125 mg	†
L-Leucine	750 mg	†
L-Valine	125 mg	†
L-Isoleucine	125 mg	†
L-Alanine	125 mg	†
L-Ornithine	125 mg	†
Taurine	125 mg	†
Chromium (chromium picolinate)	200 mcg	167%
Vitamin B-6 (pyridoxine HCl)	2.5 mg	125%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.

Suggested Use: As a dietary supplement, take 1/2 teaspoonful before and after training with 8 oz. of fluid or as directed by your health care professional.

### CREATINE

500 mg. Capsules

#### Supplement Facts

Serving Size 5 Capsules  
Servings Per Container 100

Amount Per Serving		%DV*
Creatine Monohydrate	2500 mg	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin capsule, microcrystalline cellulose and magnesium stearate.

**USP:** Made to U.S. Pharmacopeia (USP) quality, purity and potency standards.

Suggested Use: In the loading phase during the first three days, take 10 capsules with water or juice before and after exercise. In the maintenance phase, take 5 capsules before and after exercise, or as directed by your training or health care professional.

### **METABOPLEX**

Natural Metabolic Enhancer Complex  
500 mg. Capsules

#### **Supplement Facts**

Serving Size 4 Capsules  
Servings Per Container 125

Amount Per Serving		%DV*
L-Glutamine	800 mg	†
Glycine	800 mg	†
Trans-Ferulic Acid	200 mg	†
Gamma Oryzanol	100 mg	†
L-Tyrosine	100 mg	†
Vitamin B-6 (as pyridoxine HCl)	8 mg	400%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin capsule, silica and magnesium stearate.

Suggested Use: As a dietary supplement, use 4-8 capsules daily or as directed by your health care professional.

### **CHROMEGA 400**

400 mcg. Capsules

#### **Supplement Facts**

Serving Size 1 Capsule  
Servings Per Container 360

Amount Per Serving		%DV*
Chromium (as Chromium Picolinate)	400 mcg	333%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other ingredients: gelatin capsule, microcrystalline cellulose, silica and magnesium stearate.

Diabetics/Hypoglycemics: Use only under a physician's supervision.

**USP:** Made to U.S. Pharmacopeia (USP) quality, purity and potency standards.

Suggested Use: As a dietary supplement, use 1 capsule with meals, or as directed by your health care professional.

### **OKG**

L-Ornithine Alpha-Ketoglutarate  
Anti-Catabolic Free Form Amino Acid  
Crystalline Powder

#### **Supplement Facts**

Serving Size 1 Level Teaspoon  
Servings Per Container 65

Amount Per Serving		%DV*
L-Ornithine (as ornithine alpha-ketoglutarate [OKG])	1.3 g	†
alpha-Ketoglutaric Acid (as ornithine alpha-ketoglutarate [OKG])	1.8 g	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Suggested Use: use 1 teaspoonful with water or juice prior to or after exercise, or as directed by your health care professional.

OKG crystalline powder is suitable for vegetarians.

### **L-Tryptophan CMS**

500 mg. Capsules

#### **Supplement Facts**

Serving Size 1 Capsule  
Servings Per Container 90

Amount Per Serving		%DV*
L-Tryptophan (Tryptopure®)	500 mg	†
Vitamin B-6 (as Pyridoxine HCl)	5 mg	250%

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin capsule and magnesium stearate.

Suggested Use: As a dietary supplement, use 1 to 4 capsules daily between meals, or as directed by your health care professional.

*Tryptopure*™